

17th Annual Fort Lauderdale Masters Challenge

Sanctioned by Florida Gold Coast Masters Swimming Committee for USMS, Inc.

Sanction #: Pending

- DATE:**
- | | | |
|-------------------|-----------------|---------------|
| February 19, 2010 | Warm-up 5:00 PM | Meet 6:00 PM |
| February 20, 2010 | Warm-up 9:00 AM | Meet 10:00 AM |
| February 21, 2010 | Warm-up 9:00 AM | Meet 10:00 AM |
- POOL:**
- | | |
|---------------------------------|--------------------------------------------------------------------------------------|
| Fort Lauderdale Aquatic Complex | Phone: 954-828-4580 or 954-828-4588 |
| 501 Seabreeze Boulevard | Online: www.fortlauderdale.gov/flac |
| Fort Lauderdale, FL 33316 | |
- COURSE:**
- Eight (8) lane, 25-yard course with Colorado timing. Additional lanes available for warm-up throughout competition.
- ELIGIBILITY:**
- Meet is open to all currently registered USMS or currently registered FINA recognized governing body swimmers 18 years or older. Age to be determined as of February 21, 2010.
- RULES:**
- 2010 USMS rules will govern this meet. Meet management reserves the right to adjust logistics in order to run an efficient meet.
- BREAKS:**
- Breaks may be added by event referee should it be determined that there is inadequate rest opportunities between events. Breaks will be added prior to the start of the session and will not be altered once announced.
- ENTRIES:**
- Competitors may enter up to a maximum of five (5) events per day. Events 400-yards and longer may be swum combined men and women, and will be deck seeded with a positive check in. Check in deadline will be 5:30 PM on February 19, and 9:30 AM on February 20 and February 21.
- DISTANCE EVENTS:**
- All athletes swimming the 500, 1000, and/or the 1650 will need to provide an individual to serve as a lap counter. Entries will be seeded fastest to slowest.
- DECK ENTRIES:**
- Deck entries will be accepted on the day of the event for double the registration fee and double the entry fees until 5:00 p.m. on Friday, February 19; 9:00 a.m. on Saturday, February 20 and 9:00 a.m. on Sunday, February 21, 2010. Entries are only permitted in to open lanes - no new heats will be added. Please be sure to bring a copy of your current USMS registration card or FINA equivalent on the day of the event, or you will not be permitted to compete.
- ENTRY FEES:**
- All Entry and registration fees are nonrefundable. All entries must be received by the Entry Chairman by February 12, 2010. Entry form and payment, along with **A COPY OF YOUR 2010 USMS REGISTRATION CARD** should be mailed to:
- MASTERS CHALLENGE**
Fort Lauderdale Aquatic Complex
501 Seabreeze Boulevard
Ft. Lauderdale, FL 33316

Checks Made Payable To:
Fort Lauderdale Aquatics

*Entry fees are nonrefundable
- AWARDS:**
- First place team award for local club champion as well as out-of-town club champion; Tri-Fold cards will be provided for the placement of award labels as a race record; Women's Overall High Point; Men's Overall High Point awards.
- RELAYS:**
- Relay entries will be accepted on the deck up to 60 minutes prior to the start of the relays. There is a **\$10.00 CHARGE** for each relay entered; Payment is due at the end of each day.
- RESULTS:**
- Results will be available at the following: www.fortlauderdale.gov/flac under the "results of current meets" link as well as via Fort Lauderdale Aquatics - www.flaswim.com.
- EVENT HOST:**
- This event is co-sponsored by the **City of Fort Lauderdale** and **Fort Lauderdale Aquatics**.

17th Annual Fort Lauderdale Masters Challenge
February 19-21, 2010
Sanctioned by Florida Gold Coast Masters Swimming Committee for USMS, Inc.
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Name: _____
Address: _____
City: _____
State: _____ Zip: _____
Phone _____ Email: _____
Age: _____ Birthdate: _____ Sex: _____
2010 USMS # _____ Club: _____

**** OFFICIAL ENTRY FORM ****

**ATTACH
COPY
OF USMS
CARD
HERE**

*If card is current, please attach it
and list only phone number(s) at left*

Enter
seed
times
in
proper
column

Limit
5
events
per
day

	WOMEN	FRIDAY, FEBRUARY 19 @ 6:00 pm	MEN	
EVT				EVT
1	_____	400 IM	_____	2
3	ENTERATMEET	800 FREE RELAY	ENTERATMEET	4
5	_____	1000 FREE	_____	6
	WOMEN	SATURDAY, FEBRUARY 20 @ 10:00 am	MEN	
7	_____	100 IM	_____	8
9	_____	200 BACK	_____	10
11	_____	50 BREAST	_____	12
13	ENTERATMEET	200 MEDLEY RELAY	ENTERATMEET	14
15	_____	100 FREE	_____	16
17	_____	50 BACK	_____	18
19	_____	200 BREAST	_____	20
21	_____	100 FLY	_____	22
23	ENTERATMEET	200 MIXED FREE RELAY	ENTERATMEET	23
25	_____	500 FREE	_____	26

Limit
5
events
per
day

Enter
seed
times
in
proper
column

	WOMEN	SUNDAY, FEBRUARY 21 @ 10:00 am	MEN	
27	_____	200 IM	_____	28
29	_____	50 FREE	_____	30
31	_____	200 FLY	_____	32
33	ENTERATMEET	200 FREE RELAY	ENTERATMEET	34
35	_____	100 BACK	_____	36
37	_____	100 BREAST	_____	38
39	_____	200 FREE	_____	40
41	_____	50 FLY	_____	42
43	ENTERATMEET	200 MIXED MEDLEY RELAY	ENTERATMEET	43
45	_____	1650 FREE	_____	46

Pool Fee (required)	\$10.00
Individual Event Fee: \$5.00 x _____ events	\$ _____
RELAYS: \$10.00 each - due@ session	\$ _____ TOTAL

*** PLEASE SIGN RELEASE BELOW ***

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, THE CITY OF FORT LAUDERDALE, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Date: _____ Signature: _____